



# INNOVATIVE

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## SEATING SOLUTIONS





**Trulife Group**

Trulife is an internationally based and managed group engaged in the creation, development, manufacture and marketing of niche healthcare products. In addition to wheelchair cushions the Group activities encompass Orthopaedics, Prosthetics, Breastcare and Pressurecare positioners for use in the operating room.

Trulife manufacture products in Ireland, UK, USA and Canada and maintain a global presence through a network of more than 300 distributor companies in over 90 countries.

**Mission Statement**

Trulife’s core philosophy is a belief in serving customer needs through excellence in product innovation and quality in everything we do. This includes extensive education and training offerings, and the development of patient care through committed and dedicated people.

**The Relax Story**

In 1958 Trulife created the world’s first commercially successful external breast prosthesis, and today, almost 60 years later, we enjoy a reputation as a world-class manufacturer of silicone-based healthcare and medical products

Our expansion into the development of pressure-relieving products began over 20 years ago when we started to pursue other commercial uses for silicone, borne organically from our expertise in the use and manufacture of this specialised material.

In the early 90’s we brought to market our first range of operating room pressure-relieving positioners to help prevent operating room-acquired pressure sores & injuries. Since then, we have grown this portfolio extensively and we are currently market leaders in many countries around the world.

Through working with silicone, we came to observe its distinctive qualities, namely, its ability to redistribute pressure and reduce shear and friction, as well as its impact-dampening qualities, reusability and durability.

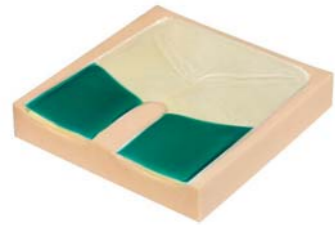
We then began to look at other medical applications of this material for patients requiring a high level of pressure relieving care.

Thus, we entered the wheelchair cushion market with the Relax range.



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## Prevention is Better than Cure



Pressure sores are areas of damaged skin and tissue that develop when prolonged periods of uninterrupted pressure cuts off the circulation to vulnerable parts of the body. Without adequate blood flow, the affected tissue dies.

People who are most vulnerable to the onset of pressure sores include those living with paralysis or using a wheelchair and any person with impaired mobility sensation.

1. "Pressure sores can develop quickly, progress rapidly and are often difficult to heal. Yet health experts say many of these wounds don't have to occur. Key preventive measures can maintain the skin's integrity and encourage healing"

Aside from causing serious discomfort to the sufferer and distress to the carer, the cost of treatment can be debilitating to the healthcare industry.

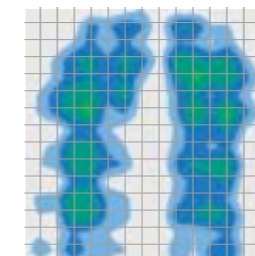
In the US

2. "The mean length of stay for hospitalizations specifically for pressure sores was 13 days, and the average charge was nearly \$37,800"

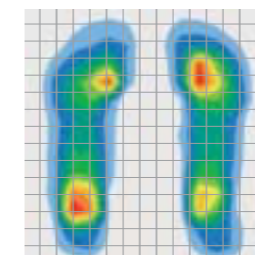
3. "An estimated 2 million adult workdays are lost each year because of chronic ulcers. The cost to manage these ulcers is excessive. Although the direct cost to heal pressure ulcers is elusive, the national cost is estimated at between \$1.68 billion and \$6.8 billion annually." (in the US)

The Relax range offers a wide variety of pressure relieving cushions for wheelchair users and people of restricted mobility who are at increased risk of developing pressure sores. The range has been designed to re-distribute weight and provide exceptional pressure relief and optimum comfort at an affordable cost, bringing a better quality of life to the user.

1. 1998-2006 Mayo Foundation for Medical Education and research (MFMER) "Pressuresores"  
 2. Agency of Healthcare Research and Quality "Hospitalizations related to Pressure Sores, 2003"  
 3. Yale School of Nursing "Incidence of Pressure Ulcers Reduced by up to 87 Percent Using Skin Care Prevention Systems According to Yale Clinical" Press Release, 3rd July 2007



Pressure diagram with Gelcell cushion



Pressure diagram without wheelchair cushion

"The air sacs of the Gelcell cushion are filled with air using a product-specific pump and then excess air is released through an easy to operate valve to allow the user to 'immerse' into the cushion. This has the effect of enhancing and maximizing surface contact area thus maximally re-distributing pressure."

International Journal of Rehabilitation, Volume 13, Issue 1, 2005

## Features & Benefits

- Unique combination of **AIR** and **GEL** technology effectively provides pressure relief and comfort to the high risk user
- **34 interconnected air-filled cells** allow movement of air across surface of cushion, each covered with a layer of pressure relieving silicone-based TruGel
- Air cushion enhances capillary function
- **Silicone-based TruGel**
  - enhances pressure re-distribution
  - minimises the effects of shear forces
  - has a positive effect on skin temperature
  - Silicone gel is impact dampening
- When pressure is applied, air circulates to each of the cells, distributing weight evenly, thus reducing high pressure concentrations around bony prominences
- The Gelcell is made up of 3 layers of polyurethane (PU) film making it highly durable and difficult to puncture. It is also easy to wipe clean and suitable for incontinent users.
- Lightweight and easy to transport
- Easy to inflate and adjust
- Includes outer cover, First Aid Kit and Pump (see pages 12 & 13)

### Relax Gelcell with standard black waterproof cover

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RG004-1514	38cm x 36cm x 5cm / 15" x 14" x 1.5"	1.4kg/3.1lb
RG004-1616	40cm x 40cm x 5cm / 16" x 16" x 2"	1.5kg/3.3lb
RG004-1717	43cm x 43cm x 5cm / 17" x 17" x 2"	1.6kg/3.5lb
RG004-1816	45cm x 40cm x 5cm / 18" x 16" x 2"	1.6kg/3.5lb
RG004-1818	45cm x 45cm x 5cm / 18" x 18" x 2"	1.7kg/3.7lb
RG004-2018	50cm x 45cm x 5cm / 20" x 18" x 2"	1.9kg/4.2lb

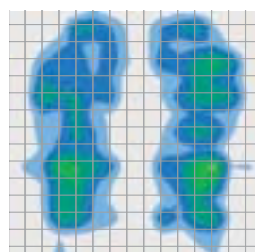
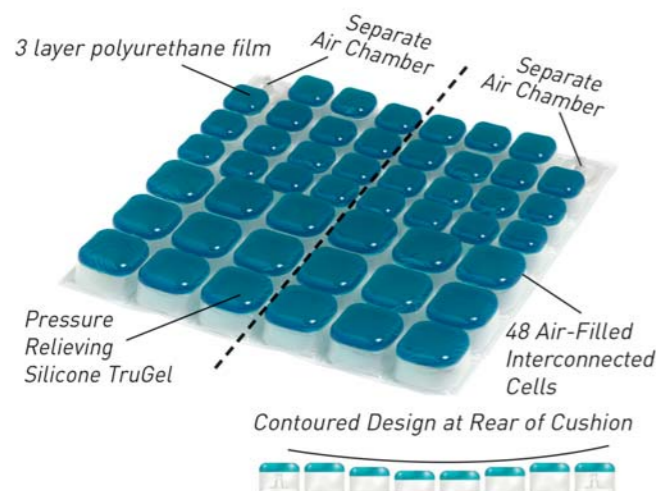
### Relax Gelcell with breathable/spacer cover (not waterproof)

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RG002-1514	38cm x 36cm x 5cm / 15" x 14" x 1.5"	1.4kg/3.1lb
RG002-1616	40cm x 40cm x 5cm / 16" x 16" x 2"	1.5kg/3.3lb
RG002-1717	43cm x 43cm x 5cm / 17" x 17" x 2"	1.6kg/3.5lb
RG002-1816	45cm x 40cm x 5cm / 18" x 16" x 2"	1.6kg/3.5lb
RG002-1818	45cm x 45cm x 5cm / 18" x 18" x 2"	1.7kg/3.7lb
RG002-2018	50cm x 45cm x 5cm / 20" x 18" x 2"	1.9kg/4.2lb

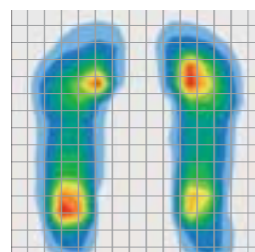
The weight limit for the Gelcell cushion is 130kg/287lbs

\*A tolerance of +/- 5mm is applied to dimensions





Pressure diagram with Gelcell G2 cushion



Pressure diagram without wheelchair cushion

Features & Benefits

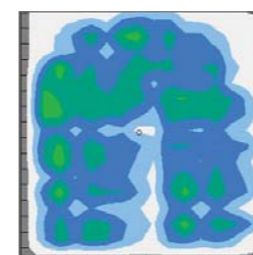
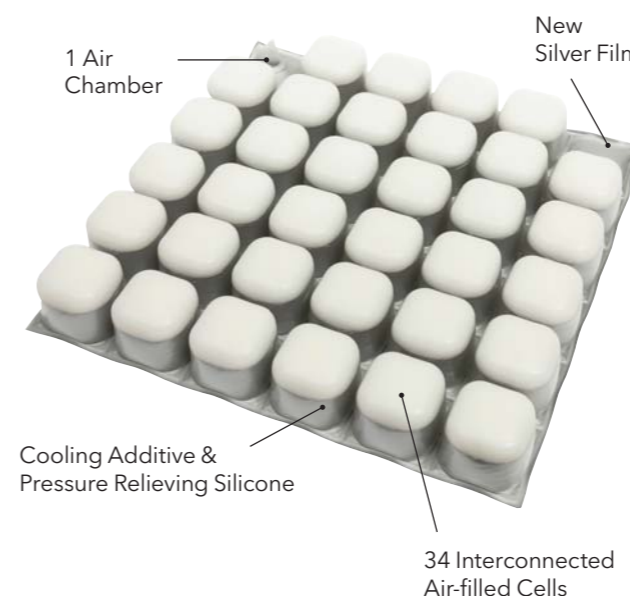
- Two separate **air chambers** provide greater stability and pressure redistribution for buttocks and Ischial Tuberosities
- Air cushion enhances capillary function
- **Silicone-based TruGel**
  - enhances pressure re-distribution
  - minimises the effects of shear forces
  - has a positive effect on skin temperature
  - Silicone gel is impact dampening
- The cells are **contoured** towards the rear, promoting good postural tilt
- When pressure is applied, air circulates to each cell in both chambers distributing weight evenly. This process reduces high pressure concentrations around bony prominences, preventing skin breakdown
- The Gelcell is made up of 3 layers of polyurethane (PU) film making it highly durable and difficult to puncture. It is also easy to wipe clean and suitable for incontinent users.
- Lightweight and easy to transport
- Easy to inflate and adjust
- Includes outer cover, First Aid Kit and Pump (see pages 12 & 13)

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RG005-1414	36cm x 36cm x 4cm / 14" x 14" x 1.5"	1.3kg/2.9lb
RG005-1515	38cm x 38cm x 4cm / 15" x 15" x 1.5"	1.3kg/2.9lb
RG005-1616	40cm x 40cm x 4cm / 16" x 16" x 1.5"	1.5kg/3.3lb
RG005-1618	40cm x 45cm x 4cm / 16" x 18" x 1.5"	1.6kg/3.5lb
RG005-1717	43cm x 43cm x 4cm / 17" x 17" x 1.5"	1.6kg/3.5lb
RG005-1816	45cm x 40cm x 4cm / 18" x 16" x 1.5"	1.6kg/3.5lb
RG005-1818	45cm x 45cm x 4cm / 18" x 18" x 1.5"	1.6kg/3.5lb

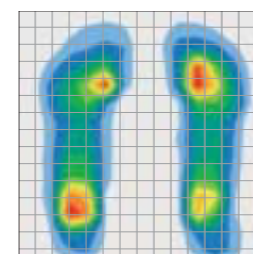
The weight limit for the Gelcell G2 cushion is 130kg/287lbs  
 \*A tolerance of +/- 5mm is applied to dimensions

*"Positive test results let us assume that the cushion not only offers good pressure distribution but also reduces shearing stresses"*

Independent test report by Woltemade Seniorenlabor, Germany



Pressure diagram with CoolCell cushion



Pressure diagram without wheelchair cushion

Features & Benefits

- Cooling additive inside gel helps draw heat away from the body
- Unique combination of air and cooling gel technology effectively provides pressure relief, comfort and a cooling sensation to the high risk user
- 34 interconnected air-filled cells allow movement of air across the surface of the cushion
- **Silicone based TruGel**
  - Enhances pressure re-distribution
  - Minimizes the effects of shear forces
  - Has a positive effect on skin temperature
  - Silicone gel is impact dampening
- When pressure is applied, air circulates to each of the cells, distributing weight evenly and reducing high pressure concentrations around bony prominences
- The CoolCell is made up of 3 layers of polyurethane (PU) film giving a total thickness of 1mm, making it highly durable and difficult to puncture
- Clear protective (PU) film coating is easy to wipe clean and suitable for incontinent users
- Lightweight and easy to transport
- Easy to inflate and adjust
- Includes outer cover, first aid kit and pump

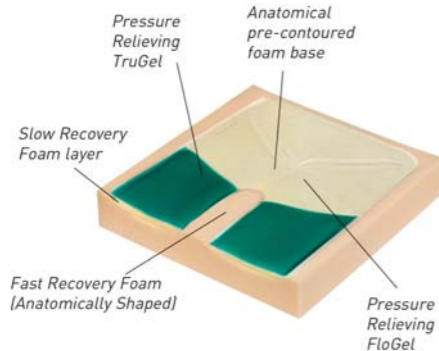
Coolcell with standard black waterproof cover

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RC004-1616	40cm x 40cm x 5cm/ 16" x 16" x 2"	1.5kg/3.3lb
RC004-1717	43cm x 43cm x 5cm/ 17" x 17" x 2"	1.6kg/3.5lb
RC004-1816	45cm x 40cm x 5cm/ 18" x 16" x 2"	1.6kg/3.5lb
RC004-1818	45cm x 45cm x 5cm/ 18" x 18" x 2"	1.7kg/3.7lb

Coolcell with breathable/spacer cover (not waterproof)

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RC002-1616	40cm x 40cm x 5cm/ 16" x 16" x 2"	1.5kg/3.3lb
RC002-1717	43cm x 43cm x 5cm/ 17" x 17" x 2"	1.6kg/3.5lb
RC002-1816	45cm x 40cm x 5cm/ 18" x 16" x 2"	1.6kg/3.5lb
RC002-1818	45cm x 45cm x 5cm/ 18" x 18" x 2"	1.7kg/3.7lb

# duogel



## Features & Benefits

- **TruGel** and **FloGel** work together effectively to provide excellent pressure relief and weight distribution
- Anatomically contoured **Gel** and **Foam** combination allows for greater circulation and weight distribution
- The thigh troughs are lined with **TruGel** and the Ischial area is lined with **FloGel** which is set on a viscoelastic foam giving greater comfort and seating stability
- The clear protective polyurethane film coating is easy to wipe clean and is suitable for incontinent users (not illustrated)
- Lightweight and easy to transport
- Highly durable
- Includes outer cover (see page 12)

### Relax Duogel with standard black cover

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RD003-1414	36cm x 36cm x 8cm / 14" x 14" x 3"	1.2kg/2.7lb
RD003-1514	38cm x 36cm x 8cm/ 15" x 14" x 3"	1.3kg/2.9lb
RD003-1517	38cm x 43cm x 8cm / 15" x 17" x 3"	1.8kg/4.0lb
RD003-1616	40cm x 40cm x 8cm/ 16" x 16" x 3"	1.8kg/4.0lb
RD003-1618	40cm x 45cm x 8cm/ 16" x 18" x 3"	1.9kg/4.2lb
RD003-1717	43cm x 43cm x 8cm/ 17" x 17" x 3"	1.9kg/4.2lb
RD003-1719	43cm x 48cm x 8cm / 17" x 19" x 3"	2.0kg / 4.4lb
RD003-1816	45cm x 40cm x 8cm/ 18" x 16" x 3"	1.9kg/4.2lb
RD003-1818	45cm x 45cm x 8cm/ 18" x 18" x 3"	2.0kg/4.4lb
RD003-1820	45cm x 50cm x 8cm/ 18" x 20" x 3"	2.1kg/4.6lb
RD003-2018	50cm x 45 cm x 8cm/ 20" x 18" x 3"	2.1kg/4.6lb
RD003-2020	50cm x 50cm x 8cm/ 20" x 20" x 3"	2.5kg/5.5lb
RD003-2218	55cm x 45cm x 8cm/ 22" x 18" x 3"	2.8kg/6.2lb
RD003-2418	60cm x 45cm x 8cm/ 24" x 18" x 3"	3kg/6.6lb

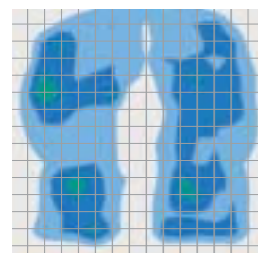
The weight limit for the Duogel cushion is 130kg/287lbs

\*A tolerance of +/- 5mm is applied to dimensions

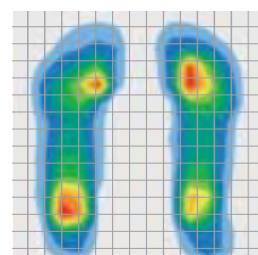
### Relax Duogel with wipeable black cover

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RD006-1414	36cm x 36cm x 8cm / 14" x 14" x 3"	1.2kg/2.7lb

Duogel with wipeable black cover available in all sizes



Pressure diagram with Duogel cushion

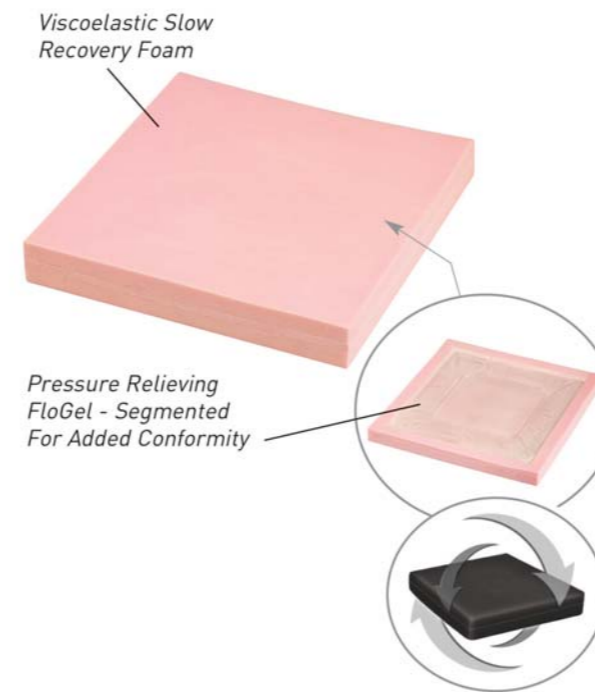


Pressure diagram without wheelchair cushion

*"The Duogel significantly outperformed the other market leader in each of the interface pressure indices selected for evaluation"*

Interface Pressure Comparison of Wheelchair Cushions Report, TransScience Inc. P.2

# Easy

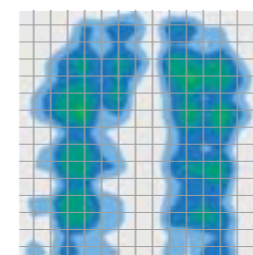


## Features & Benefits

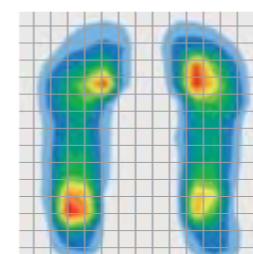
- **Fully Rotational** - No top, bottom, front or back
- Ideal pressure relieving cushion for use in the nursing home environment.
- The Easy cushion has a layer of FloGel sandwiched between an upper and lower layer of **viscoelastic foam**
- The combination of pressure relieving **FloGel** and **viscoelastic foam** facilitates effective pressure re-distribution while allowing the patient to immerse themselves comfortably into the cushion
- Conforms to the shape of the user, increasing surface area and relieving pressure
- Clear protective polyurethane film coating is easy to wipe clean and is suitable for incontinent users
- Lightweight and easy to transport
- Includes outer cover (see page 12)

*"The gel in the Easy cushion has the effect of reducing the risk of the cushion bottoming out whilst maintaining effective pressure re-distribution and facilitating the user becoming 'immersed' into the slow memory foam. Because of this design it allows the cushion to be fully rotated in use and is excellent for users and/or carers who have difficulty in applying more complex products"*

International Journal of Rehabilitation, Volume 13, Issue 1, 2005



Pressure diagram with Easy cushion



Pressure diagram without wheelchair cushion

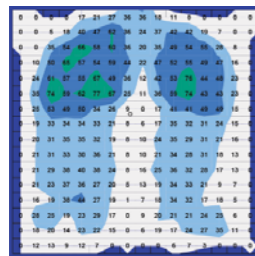
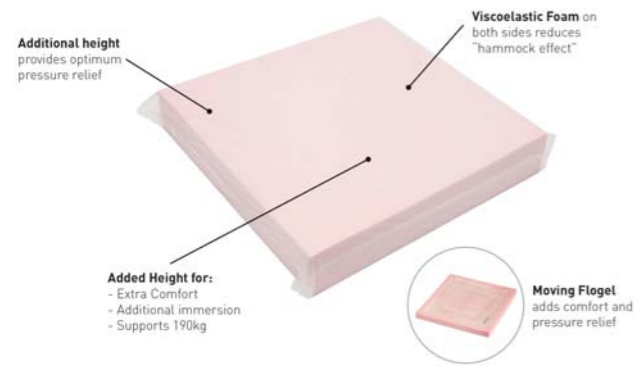
Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RE005-1416	36cm x 40cm x 5cm/ 14" x 16" x 2"	1.7kg/3.8lb
RE005-1418	36cm x 45cm x 5cm / 14" x 18" x 2"	1.8kg/4.0lb
RE005-1616	40cm x 40cm x 5cm/ 16" x 16" x 2"	1.8kg/4.0lb
RE005-1717	43cm x 43cm x 5cm/ 17" x 17" x 2"	1.9kg/4.2lb
RE005-1816	45cm x 40cm x 5cm/ 18" x 16" x 2"	1.9kg/4.2lb
RE005-1818	45cm x 45cm x 5cm/ 18" x 18" x 2"	2.0kg/4.4lb
RE005-1820	45cm x 50cm x 5cm / 18" x 20" x 2"	2.1kg/4.6lb
RE005-2020	50cm x 50cm x 5cm / 20" x 20" x 2"	2.2kg/4.8lb
RE005-2218	55cm x 45cm x 5cm / 22" x 18" x 2"	2.3kg/5.0lb

The weight limit for the Easy cushion is 130kg/287lbs

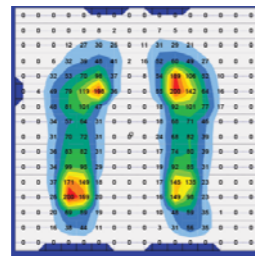
\*A tolerance of +/- 5mm is applied to dimensions



# Easy HIGH Profile



Pressure diagram with Easy High Profile cushion



Pressure diagram without wheelchair cushion

## Features & Benefits

- **Fully Rotational** - No top, bottom, front or back
- High density viscoelastic foam with silicone fluid gel at its core, provides superior pressure re-distribution and immersion
- Silicone oil is centered between the two layers of slow foam, it contains preformed channels to make sure the oil is evenly distributed
- Conforms to the shape of the user, increasing surface area and relieving pressure
- Thanks to additional height and materials, the Easy High profile offers pressure relief for up to 190kg
- Increased depth of memory foam and silicone oil allows for greater immersion and comfort
- Combination of materials reduces 'hammock' effect
- Ideal for a patient requiring additional stability, and/or greater cushion depth in their wheelchair
- Includes outer cover (see page 12)  
Code: ECH005

"A combination of foam and gel can be effective in preventing both skin changes and pressure sore formation"

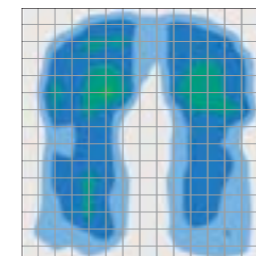
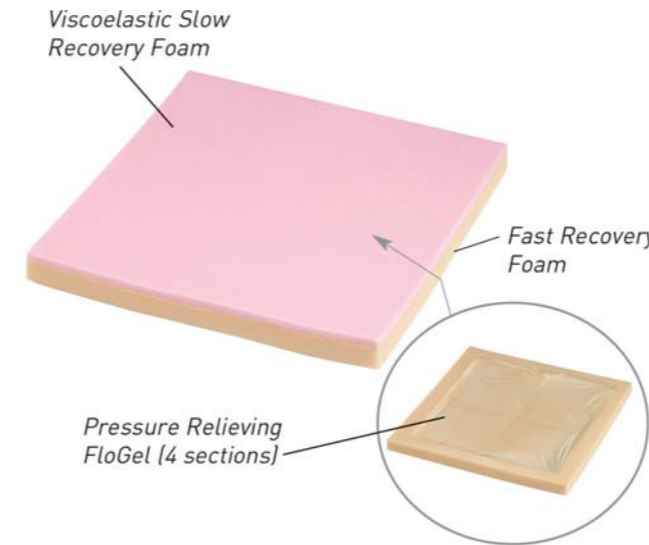
2008 Perioperative Standards and Recommended Practices. AORN, Inc.

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
REH005-1616	40cm x 40cm x 8.5cm / 16" x 16" x 3.3"	1.8kg/4.0lb
REH005-1717	43cm x 43cm x 8.5cm / 17" x 17" x 3.3"	2.0kg/4.4lb
REH005-1816	45cm x 40cm x 8.5cm / 18" x 16" x 3.3"	2.1kg/4.6lb
REH005-1818	45cm x 45cm x 8.5cm / 18" x 18" x 3.3"	2.5kg/5.5lb
REH005-1820	45cm x 50cm x 8.5cm / 18" x 20" x 3.3"	2.6kg/5.7lb
REH005-2020	50cm x 50cm x 8.5cm / 20" x 20" x 3.3"	3.0kg/6.6lb

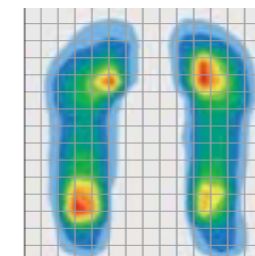
The weight limit for the Easy cushion is 190kg/418lbs

\*A tolerance of +/- 5mm is applied to dimensions

# Trio



Pressure diagram with Trio cushion



Pressure diagram without wheelchair cushion

## Features & Benefits

- An ultra light cushion that benefits from four sections of **FloGel** (moving silicone gel)
- Cushion consists of a FloGel centre with a **Fast Recovery Foam** base and a **Viscoelastic Slow Recovery Foam upper layer**
- Specially designed to conform to the shape of the user, increasing surface area and relieving pressure
- Cushion can be rotated / No front or back
- For the person with low to moderate risk of skin breakdown
- Clear protective (PU) film coating is easy to wipe clean and is suitable for incontinent users
- Lightweight and easy to transport
- Highly durable
- Includes outer cover (see page 12)

"An ultra light cushion that benefits from four sections of FloGel being positioned into a polyurethane base with a viscoelastic foam upper layer. Specifically designed to conform to the shape of the user, increasing surface area and relieving pressure"

Pressure Sores: Easier to Prevent Than Heal. Able Magazine.

Product Code	Dimensions* (Width x Length x Height)	Cushion Weight
RT001-1416	36cm x 40cm x 4cm / 14" x 16" x 1.5"	1.2kg/2.7lb
RT001-1616	40cm x 40cm x 4cm / 16" x 16" x 1.5"	1.3kg/2.9lb
RT001-1717	43cm x 43cm x 4cm / 17" x 17" x 1.5"	1.4kg/3.1lb
RT001-1816	45cm x 40cm x 4cm / 18" x 16" x 1.5"	1.5kg/3.3lb
RT001-1818	45cm x 45cm x 4cm / 18" x 18" x 1.5"	1.6kg/3.5lb

The weight limit for the Trio cushion is 80kg/176lbs

\*A tolerance of +/- 5mm is applied to dimensions



**Our Relax range of wheelchair cushion covers are all designed to offer protection to the user and the product.**

The covers are either breathable or fluid repellent, stretchable and hand washable. A cover is included with each cushion, but they are also available to purchase separately.



**Wipeable Black Outer Cover**

**Available with:**

Easy (Also available for Duogel on request)

**Materials:**

Topside and Underside: Polyurethane transfer coating on a weft knitted polyester fabric.

**Features:**

- Fully waterproof wipe down cover
- High Grip /Anti-slip surface
- Easy to clean & maintain

**Codes & Sizes:**

Duogel Wipedown	Easy Wipedown	Easy High Profile Wipedown
DWC003-1414	EC004-1416	ECH005-1616
DWC003-1514	EC004-1418	ECH005-1717
DWC003-1517	EC004-1616	ECH005-1816
DWC003-1616	EC004-1717	ECH005-1818
DWC003-1618	EC004-1816	ECH005-1820
DWC003-1717	EC004-1818	ECH005-2020
DWC003-1719	EC004-1820	
DWC003-1816	EC004-2020	
DWC003-1818	EC004-2218	
DWC003-1820		
DWC003-2018		
DWC003-2020		
DWC003-2218		
DWC003-2418		



**Standard Black Outer Cover**

**Available with:**

Duogel, Gelcell, Gelcell G2, CoolCell, Trio

**Materials:**

Topside: Weft knitted polyester fabric with a polyurethane transfer coating on inner side.

Underside: Weft knitted nylon coated with flame retardant PU, which has been treated with a biocide.

**Features:**

- Waterproof and easy to wash
- High Grip /Anti-slip surface

**Codes & Sizes:**

Duogel	Gelcell G2	Trio
DC003-1414	GC005-1414	TC001-1416
DC003-1514	GC005-1515	TC001-1616
DC003-1517	GC005-1616	TC001-1717
DC003-1616	GC005-1618	TC001-1816
DC003-1618	GC005-1717	TC001-1818
DC003-1717	GC005-1816	
DC003-1719	GC005-1818	
DC003-1816		
DC003-1818	<b>Gelcell</b>	
DC003-1820	GC004-1514	
DC003-2018	GC004-1616	
DC003-2020	GC004-1717	
DC003-2218	GC004-1816	
DC003-2418	GC004-1818	
	GC004-2018	



**Spacer Fabric Cover**

**Available with:**

Gelcell, CoolCell

**Materials:**

Topside: Spacer fabric material enhances redistribution of pressure peaks and dispersion of air and water.

Underside: Weft knitted nylon polyurethane griplock.

**Features:**

- Excellent dispersion of air and moisture
- Enhances redistribution of pressure peaks
- Millions of microfilaments act as miniature pressure springs
- Highly durable
- Washable at 60°C
- High grip/anti-slip surface

**Codes & Sizes:**

Gelcell , CoolCell
CC002-1514
CC002-1616
CC002-1717
CC002-1816
CC002-1818
CC002-2018



**Handi Pump**

Aerogel dual action Handi Pump

**Available with:**

Gelcell, Gelcell G2, CoolCell

Code: AP001

**Repair Kit**

**Available with:**

Gelcell, Gelcell G2, CoolCell

Code: RPK005

The repair kit should be used as a temporary solution only.







**The cushions in the Relax range have been subjected to a series of rigorous tests to ensure that the materials used in their manufacture provide the optimal level of support and pressure relief to cushion users.**

The results of these tests are outlined in the following pages. Trulife's Relax range of wheelchair cushions are Class 1 medical devices manufactured in Ireland and in conformity with the Medical Devices Directives Annex VII SI252 (93/42/EEC) as amended by Directive 2007/47/EC.

The Relax range is manufactured to ISO 13485:2012 standards, with each product carrying the CE quality mark and guaranteed against manufacturing defects for 2 years.

**TEST 1: INTERFACE PRESSURE**

Pressure, the amount of force exerted on a given area, is often measured in millimeters of mercury (mmHg). When a force or pressure greater than normal capillary pressure is exerted on a body over time, this can restrict blood flow to the area and cause serious tissue damage. It is important therefore, to reduce this pressure particularly at the more susceptible parts of the body.

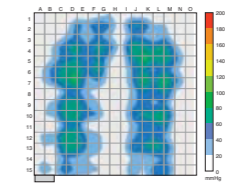
Trulife's Relax cushions help relieve pressure by increasing the area of contact between the body part and the supporting surface (i.e. Relax Cushions). The materials used in the Trulife Relax range are of medical grade and are softer than both skin and underlying tissue. This means that pressure is relieved by the slight movement of the silicone gel and resulting dissipation of pressure/force across the product.

We use Force Sensitive Applications (FSA) to evaluate our products for their pressure relieving capabilities. FSA is essentially a clinical tool that allows us to evaluate and map the interface pressure between a person and the support surface (i.e. product) they are sitting on. The Pressure Mapping System is a versatile tool that provides accurate information in an easy to interpret graphical format.

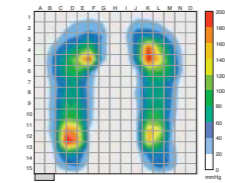
The pressure maps illustrated here are for visual aid purposes only. More comprehensive maps are available upon request.

**PRESSURE MAPPING SUMMARY - RELAX RANGE**

**Relax Gelcell Cushion**

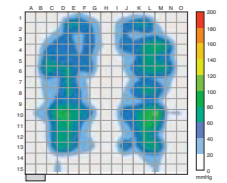


Pressure diagram with Gelcell cushion

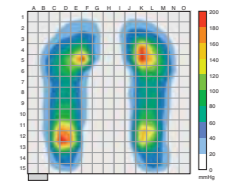


Pressure diagram without wheelchair cushion

**Relax Gelcell G2 Cushion**

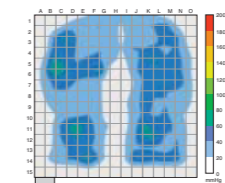


Pressure diagram with Gelcell G2 cushion

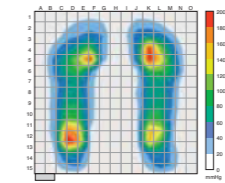


Pressure diagram without wheelchair cushion

**Relax Duogel Cushion**

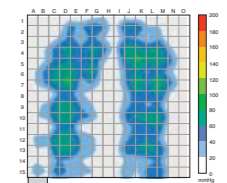


Pressure diagram with Duogel cushion

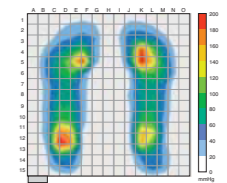


Pressure diagram without wheelchair cushion

**Relax Easy Cushion**

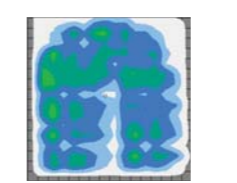


Pressure diagram with Easy cushion

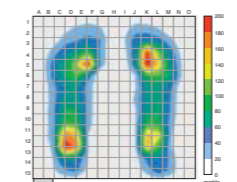


Pressure diagram without wheelchair cushion

**Relax CoolCell Cushion**

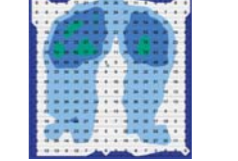


Pressure diagram with CoolCell cushion

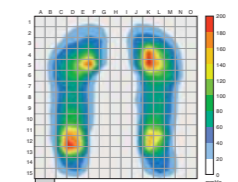


Pressure diagram without wheelchair cushion

**Relax Easy HP Cushion with 190kg load**

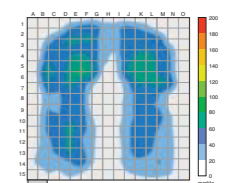


Pressure diagram with Easy HP cushion

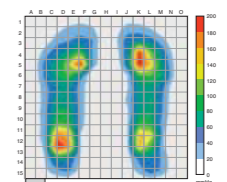


Pressure diagram without wheelchair cushion

**Relax Trio Cushion**



Pressure diagram with Trio cushion



Pressure diagram without wheelchair cushion





TEST 1: SKIN COMPATIBILITY

The silicone and foams used in the Relax range are widely acceptable to biomedical applications and pose no cytological risk to the user.

Irritancy potential tests were carried out in accordance with ISO 10993-10 and ISO 10993-1 which require clinical trials to be conducted in accordance with the principles of good clinical practice.

Silicone is an elastomer which provides a unique balance of chemical and mechanical resistance and due to its pure state, displays exceptional biocompatibility.

Our foam and gel cushions are covered in a layer of film which also provides excellent biocompatibility to the end user.

TEST 2: BACTERIOLOGICAL DATA

Suppliers of the materials used to manufacture Relax cushions have confirmed that these materials do not support microbiological growth.



TEST 1: DISINFECTANT REPORT / CLEANING

All outer covers can be washed at 60°C and include a weft-knitted polyester fabric coating.

The Trulife Relax range is easy to clean & disinfect between uses. The interior cover/Polyurethane film can be cleaned with mild disinfectants or detergents as outlined below.

- Phenolics
- Quaternary ammonia
- Quaternary ammonia and alcohol blends (Alcohol, chlorine) This list covers the major families of detergents.

Cleaner/Disinfectant (Manufacturer)	Main chemistry	Tested	Mix Ratio
Santex A	Water, Sulphates	No	-
Safeseat	Ethanol	No	-
Incidur Spray (Henkel Hygiene GmbH)	Aldehydes, alcohols, quaternary compounds	Yes	Neat
Incidin Plus	Glucoprotamin, alcohols	Yes	200 to 1
Pursept (Corrosive)	Ethanol, glyoxal, quaternary compounds	Yes	100 to 1
Cutasept F (Bode)	Alcohol, propan-2-ol	No	-
Cutasept G (Bode)	Alcohol, propan-2-ol, quaternary ammonium compounds, benzyl-C12-16-alkyldimethyl, chlorides	No	-
Milton	Sodium hypochlorite, chlorine	Yes	100 to 1
Terminator One-Step	Quaternary based	No	-
Mikrozid (S&M)	Ethanol, propanol	Yes	5 to 1
Bacillol AF (Bode)	Ethanol, propanol	No	-
Bigusept Fluid (Bode)	Alcohol	No	-
Virkon	Potassium peroxomonosulphate, sulphamic acid, sodium alkyl benzene sulphonate	Yes	100 to 1



**TEST 2: FLAMMABILITY TEST**

External Flammability tests were carried out in accordance with BS EN 1021-1 & BS EB 1021-2 on cushions and covers.

**TEST 3: ISO 16840-2 (GELCELL AND DUOGEL)**

Trulife are certified for ISO 16840-2, which specifies apparatus, test methods and disclosure requirements for wheelchair seat cushions intended to maintain tissue integrity and prevent tissue trauma.

ISO 16840-2 certification was awarded to Gelcell and Duogel cushions, having passed the following tests:

- Impact Dampening (shock absorption)
- Friction (cover)
- Friction (whole cushion)
- Heat & water vapour (moisture management)
- Load-deflection and hysteresis (resistance to bottoming out)
- Recovery (maintenance of shape)
- Loaded contour depth (resistance to bottoming out)
- Horizontal and Lateral stiffness (resistance to shear)
- Water Strike (suitability for incontinent users)

Further information on testing and certification is available if required.

**TEST 4 - FREEZING TEST / HEAT TEST**

Tests were performed on Trulife's Relax range investigating the effect of freezing temperatures and excessively warm temperatures on product integrity and function. When stored at temperatures of -15° C / 0° F for 7 days and also 40° C for 7 days, no deterioration in the condition of the cushions was observed. The results of the test indicate that damage is unlikely to occur as a result of freezing temperatures or excessively warm conditions. We conclude that the products can be cooled to -15° C or heated to 40° C without any adverse effects.



Gelcell G2 manufacturing

Trulife commissioned TranScience Inc. in the United States to carry out independent testing on the Relax Wheelchair Cushion range.

The principal findings confirmed the high performance status of the Relax Wheelchair Cushions.

**DUOGEL**

This medium-high risk cushion is currently competing against another market leader, against which it was rigorously tested in the independent tests carried out by TranScience Inc.

The tests included Repeated Mapping and 60 Minute Trials.

The results show that, over time, the Duogel proves to be the more effective anti-decubitus cushion:

*"The Duogel significantly outperformed the other market leader in each of the interface pressure indices selected for evaluation"*

*"Mean pressure was significantly less on the Duogel than the market leader" (Fig.1)*

*"Mean support area on the Duogel was significantly greater than on the other market leader" (Fig 2)<sup>1</sup>*

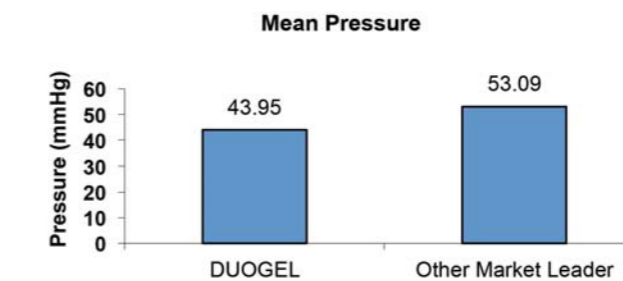


Figure 1: Mean Pressure- Duogel vs Other Market Leader

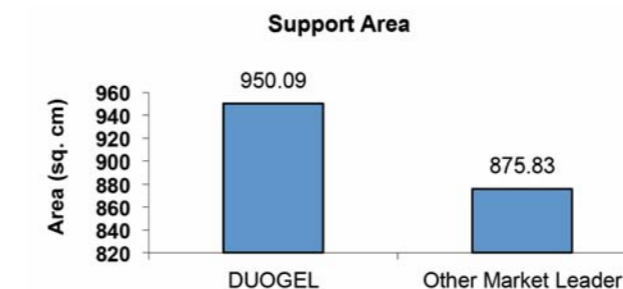


Figure 2: Support Area- Duogel vs. Other Market Leader

<sup>1</sup> Interface Pressure Comparison OF Wheelchair Cushions" Report, April 25, 2001, TranScience Inc. P.2

**GELCELL**

This high risk cushion is also competing with the market leader in its class.

Again, the independent tests were carried out between the Gelcell and another market leader and many of the results proved positive in the Gelcell's favour:

*"The other market leader had significantly higher peak pressures than the GelCell" (Fig. 3)<sup>2</sup>*

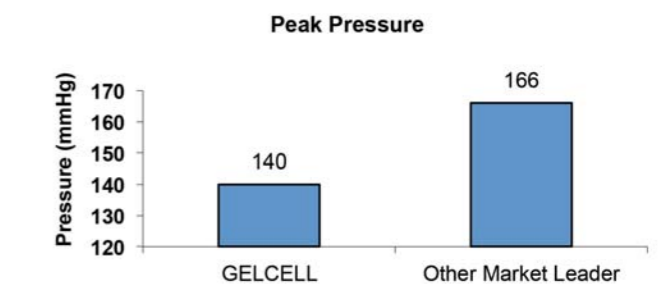


Figure 3: Peak Pressure- Gelcell vs. Other Market Leader

Testing, analysis and reporting were carried out by Richard Barnett, Ph.D. and Charlie Lachenbruch, PhD.





**Trulife commissioned Woltemade Seniorenurlaub in Germany to carry out independent testing on Gelcell and Gelcell G2 Cushions.**

**GELCELL**

The cushion “Gelcell” by the company Trulife was tested. The Gelcell cushion was tested during a period of 12 weeks.

The test persons spent a few hours (approx. 4-5 hours) daily in wheelchairs and care chairs.

Altogether four patients with the following illnesses tested the cushion: hypertonia, degenerative spinal-suffering, cerebral-sclerosis, relapsing urinary tract infection, condition after Total Prosthetic Replacement, carcinomas and diabetes mellitus type 2, condition after apoplectic insult. The four patients were in an extremely bad state of health and were very restricted in their mobility. The decubitus risk was determined with the Braden Scale. All patients showed a high to very high risk. Two of the patients had a decubitus of second degree (Seiler) in the sacral region. These were slightly infected however they were free from necrotic skin.

**TEST CONCLUSIONS**

The following observations were made. Wound healing of the decubitus patients was successful, with wounds improving. Inflammation diminished and the wounds became clearly smaller. High-risk patients showed completely intact skin, and the patients themselves were satisfied with seat comfort.

The cushion is easily cleaned, and the anti-slip base was noted as being effective. The flexible cover does not show any formation of wrinkles.

The micro-climatic conditions seem to be relatively good and/or sufficient, because increased sweating of the patients could not be observed.

It was noted that some practice was required in order to inflate the cushion to the necessary level. Additionally the air pressure in the cushion must be examined before each use.

Overall the cushion is recommended for the prevention and therapy of decubitus ulcers.

**GELCELL G2**

The cushion “Gelcell G2” by the company Trulife was tested. The Gelcell was tested during a period of 8 weeks. The test persons spent a few hours (approx. 4-5 hours) daily in wheelchairs and care chairs.

Altogether four patients with the following illnesses tested the cushion: cardiac insufficiency, emphysema, osteoporosis, carcinomas and diabetes mellitus type 2, condition after apoplectic insult. All patients were in an extremely bad state of health and were very restricted in their mobility. The decubitus risk was determined with the Braden Scale.

All patients showed a high to very high risk. One of the patients has had bad pressure ulcers (up to third degree after Seiler) in the past. These could be found in the sacral region and also on the heels. This patient had very sensitive skin and you could see scars in the areas where the pressure ulcers had been present.

**TEST CONCLUSIONS**

The following observations were made. The four high-risk patients showed completely intact skin after the test period. Even the patient that had pressure ulcers in the past did not show any irritation of the skin. The patients were also satisfied with seat comfort.

The cushion is easily cleaned, and the anti-slip base was noted as being effective. The flexible cover does not show any formation of wrinkles.

The micro-climatic conditions seem to be relatively good and/or sufficient, because increased sweating of the patients could not be observed.

It was noted that some practice was required in order to inflate the cushion to the necessary level. Additionally the air pressure in the cushion must be examined before each use.

Overall the cushion is recommended for the prevention and therapy of decubitus ulcers.

Trulife commissioned Occupational Therapy Independent Practitioner Christine Turner, based in the UK, to carry out independent testing on the Relax range.

Her conclusions are summarised in the table below:

- \* low performance
- \*\* medium performance
- \*\*\* high performance
- \*\*\*\* exceptional performance

Cushion	Gelcell	Gelcell G2	Duogel Contour	Easy	Trio
Materials used	Air/gel	Air/gel	Gel/PU & Visco foam	Gel/VE foam	Gel/PU & Visco foam
Cushion weight	1.3kg	1.3kg	2kg	1.5-1.7kg	1.4-1.5kg
Max. User weight	130kg	130kg	130kg	130kg	80kg
Level of Wheelchair Dependency	****	****	****	***	***
Ease of Standing Transfer	***	***	**	***	***
Sitting Stability	***	***	***	**	***
Postural Positioning	**	**	****	**	**
Pressure Re-Distribution	****	****	***	**	**
Shear Force Reduction	***	****	**	**	**
Deformity Accommodation/Correction	**	**	***	**	**
Heat Reduction	****	****	***	**	**
Moisture Management	****	****	***	**	**
Ease of Maintenance/ application	****	****	***	****	***



### TEST 1: POUNDING LIFE CYCLE TEST AND REPEATED PRESSURE MAPPING

Silicone and foams show resistance to weathering which is important for the long term life of the products. Under normal conditions of use a Trulife Relax product is repeatedly compressed and relaxed when a patient sits on and off a cushion.

The life cycle test assesses the impact of a human representation being applied to and removed from the cushion continuously at a predetermined rate dependent on the size and specific application of the product. It is carried out at room temperature in an enclosed area.

Trulife require a product to undergo a minimum of 9,130 cycles at a rate of 10 cycles per minute without showing any signs of damage. This represents approximately 2.5 yrs of usage.

Once the cushion has undergone the life cycle test, it is again pressure mapped to evaluate the effect the life cycle test has had on the internal structure of the cushion and if it could potentially cause any risk to the user.

### TEST 2: ALTITUDE TEST

Physical stability is very important when the cushion is in contact with the body. As Trulife cushions are often shipped overseas, it is necessary to replicate the environment to which the product may be exposed whilst in transit.

When testing a new silicone, the product is placed into a known environment and the pressure of this environment is reduced to 0.6 mbar to simulate an altitude of approximately 6000m for 60 minutes. A comparison product is used after the test to establish if any abnormalities are visible 24 hours after the test. If the silicone shows no abnormalities the material is deemed suitable for use in the Relax range.

### TEST 3: ADHESION TEST

When properly adhered to the external polyurethane film, silicone offers excellent pressure relieving qualities and reduced shear forces. We test the adhesion of silicone to film using two methods, as outlined below.

### TEST 3A - COMPRESSION TEST

The silicone is repeatedly compressed physically in the same area under controlled conditions. Afterwards the area compressed is visually inspected for silicone delamination, gel discolouration and silicone oil being released between silicone and film.

### TEST 3B - PEEL TEST

The film is pierced open and the silicone is physically peeled away from the film. The film is observed for traces of silicone that may remain on it. Trulife's internal protocols and procedures are used to determine if the silicone has passed the peel test and if it can therefore be utilized as a component in a Relax cushion.

### TEST 4 - JOURNEY HAZARD

The exterior packaging of Trulife's Relax range needs to be robust and strong enough to protect the cushion and facilitate worldwide delivery.

Journey hazard testing is carried out by shipping product to, and back from a specified overseas destination (usually within the Trulife Group). Afterwards, the cushion and other materials are inspected for any signs of damage. If the packaging, cushion and other materials show no signs of damage, the journey hazard test is deemed to have been passed.



Gelcell cushion [RG004]



Trulife's goal is to achieve excellence in our products through innovation and quality for the customer and end user.

Prior to the market release of a new cushion, samples and prototypes of a proposed design are reviewed in conjunction with occupational therapists, physiotherapists, seating specialists and users to ensure the product offers effective pressure relief and functions as intended.

**Trulife values feedback from the patients and healthcare professionals who use our products. If you have any questions or feedback, please don't hesitate to contact your local distributor.**

#### Q: How do I care for my Relax wheelchair cushion?

Care instructions are included with every Relax product. This instruction pamphlet contains all the information you will need to care correctly for your cushion and its cover.

#### Q: How much should the air cushions (Gelcell, Gelcell G2 and CoolCell) be inflated?

It is important not to over-inflate the air cushions, as this could damage the integrity of the individual cells. For inflation guideline please refer to instruction pamphlet with your product.

#### Q: How long will the air cushion stay inflated?

The air cushions underwent cyclic loading testing of 70kg for 300,000 cycles and did not deflate. This is more than an air cushion would have to withstand in a lifetime. However, it is highly recommended to check the level of inflation on a regular basis.

#### Q: What happens if the valve is opened accidentally?

The air cushions will not release air if the valve is accidentally opened, as pressure needs to be applied to the valve (i.e. squeezed) before air will be released.

#### Q: Will the air cushions burst easily?

When used correctly, the air cushions should withstand normal day to day usage and should not burst. The air cushions are made up of 3 layers of a durable polyurethane film. Together these have a thickness of approximately 1mm, which would be hard to burst. If any damage occurs (e.g cut, crack or tear) the product should be replaced. A repair kit is available but should only be used as a temporary solution.

#### Q: How should the air cushions be placed in my wheelchair?

The valve of the air cushion should be placed toward the back of the wheelchair.

#### Q: What happens to air cushions during a flight?

During a flight a user may see an increase in volume of the air in the cushion as there is an increase in altitude. If this does occur, the valve may need to be squeezed and re-inflated to equalise the pressure. For inflation guideline please refer to instruction pamphlet with your product.

#### Q: Is my Relax cushion under warranty?

All Relax cushions have undergone rigorous testing and are manufactured to ISO 13485:2012 standards, each carrying the CE Quality mark and are guaranteed against manufacturing defects for 2 years.

#### Q: What is the weight limit of the Relax Cushion?

Weight limits are indicated on the Relax Wheelchair Cushion Cover and in this catalogue.

#### Q: What weight is used in your illustrated Pressure Mapping?

80kg is the weight used. It is important to note that pressure relief will be compromised as weight increases.





**Trulife Headquarters**

Airton Road, Tallaght, Dublin 24, Ireland

**Tel** + 3531 4511755

**Email:** [info@trulife.com](mailto:info@trulife.com)



[www.trulife.com](http://www.trulife.com)